

WELCOME TO THE LADY RAMS WATER POLO AND SWIM PROGRAMS!

DATES AND TIMES

JUNE 21-AUGUST 20 (9 WEEKS)

MONDAY THROUGH FRIDAY 6:00AM-9:00AM

MILLIKAN HIGH SCHOOL POOL

TOURNAMENTS

SUNNY HILLS-TBD

SAN DIEGO CUP-7/9-7/11

BEACH WATER POLO CUP-TENTATIVE 8/21-8/22

FORMS

ALL ATHLETES ARE TO COMPLETE THE SUMMER PROGRAM REGISTRATION FORM AND RELEASE OF LIABILITY PRIOR TO JUNE 21.

<u>FEES</u>

\$340 PER ATHLETE (Includes t-shirt, event and tournament registration)

DETAILS

This summer program will combine the forces of both water polo and swim athletes and consist of swim conditioning, dry-land training, and water polo techniques.

COACH-JOSE GUZMAN (HEAD COACH MHS GIRLS WATER POLO AND SWIMMING)

**This is a privately-run program operated by the Lady Rams Water Polo Boosters/Lady

Rams Aquatics Boosters and not funded by Millikan High School or LBUSD. Registration and payment are required to participate. Payment plans are available.

Please email girlswaterpoloboosters@gmail.com with any questions.

SUMMER REGISTRATION FORM

PLEASE COMPLETE THIS FORM IN ADDITION TO THE <u>RELEASE OF LIABILITY</u> FORM AND RETURN WITH A CHECK OR MONEY ORDER TO THE FOLLOWING:

LADY RAMS WATER POLO
8040 E ROSINA ST
LONG BEACH,CA 90808
ATHLETES NAME
ATHLETES ADDRESS
ATHLETES DOB (For tournament and event entry purposes only)
USA WATER POLO MEMBERYESNO (Not required for participation)
PARENT/GUARDIAN NAME
PARENT/GUARDIAN CELL PHONE
PREFERRED PARENT/GUARDIAN EMAIL
PLEASE INDICATE YOUR PARTICIPATION-WATER POLO SWIMMING BOTH
T-SHIRT SIZE

PAYMENT AMOUNT_____

(\$340.00 PER ATHLETE)